



**II. ASSESSMENT OF FUNCTIONAL IMPAIRMENT**

A. INTERVIEWER: 1. ITEMS ARE DESIGNATED AS BASIC ACTIVITIES OF DAILY LIVING (BADL) OR INTERMEDIATE ACTIVITIES OF DAILY LIVING (IADL) TO ASSIST WITH SUMMARY. 2. ITEMS REFER TO CURRENT FUNCTIONAL STATUS. 3. SPECIFY NEED FOR ITEMS CLIENT CANNOT MANAGE INDEPENDENTLY. USE BACK OF PAGE IF YOU NEED MORE ROOM FOR COMMENTS.

BADLs (B) IADLs (I)	Independent without problem	Independent with problem	Requires assist. Has help/ device	Requires assist. Needs referral	Comments
I: Shopping					
I: Meal preparation					
I: Everyday housekeeping					
I: Money/ Financial management					
I: Medication					
I: Telephone					
I: Outdoor mobility					
B: Indoor mobility					
B: Transfer from/ to bed or chair					
B: Eating (include swallowing)					
B: Bathing/ Grooming					
B: Dressing					

- B. Transportation (check all that apply): (IADL)
1. \_\_\_ Still drives
  2. \_\_\_ Has friend/family member drive
  3. \_\_\_ Uses bus
  4. \_\_\_ Uses taxi
  5. \_\_\_ Uses escort transportation
  6. \_\_\_ Needs/wants referral, additional assistance

III.

ALCOHOL USE

- A. Do you drink any beverages that contain alcohol including beer, liquor or wine?  
1) \_\_\_No. **IF NO**, skip to IV. Depression on next page.  
2) \_\_\_Yes
- B. Do you have 3 or more drinks or beer, liquor or wine almost every day?  
1) \_\_\_No  
2) \_\_\_Yes
- C. Does having a few drinks help decrease your shakiness or tremors?  
1) \_\_\_No  
2) \_\_\_Yes
- D. Do you have rules for yourself that you won't drink before a certain time of day?  
1) \_\_\_No  
2) \_\_\_Yes
- E. Do you hide your alcohol bottles from family members?  
1) \_\_\_No  
2) \_\_\_Yes
- F. Did you find your drinking increased after someone close to you died?  
1) \_\_\_No  
2) \_\_\_Yes
- G. Are you drinking more now than in the past?  
1) \_\_\_No  
2) \_\_\_Yes
- H. Do you drink to take your mind off your problems?  
1) \_\_\_No  
2) \_\_\_Yes
- I. Have you ever increased your drinking after experiencing a loss in your life?  
1) \_\_\_No  
2) \_\_\_Yes
- J. Has a doctor or nurse ever said they were worried or concerned about your drinking?  
1) \_\_\_No  
2) \_\_\_Yes
- K. Have you ever made rules to manage your drinking?  
1) \_\_\_No  
2) \_\_\_Yes
- L. When you feel lonely does having a drink help?  
1) \_\_\_No  
2) \_\_\_Yes

IV.

DEPRESSION

Ask Questions A. and B. if either of the following statements is true:

- 1) Client screened in on depression, and the Yesavage score is 11 or more.
- 2) Client seems depressed during the intervention.

Symptoms of depression include:

- depressed mood\_\_\_\_\_
- feelings of worthlessness or guilt\_\_\_\_\_
- sleep disturbance\_\_\_\_\_
- trouble concentrating or indecisiveness\_\_\_\_\_
- weight change\_\_\_\_\_
- psychomotor agitation or retardation\_\_\_\_\_
- fatigue\_\_\_\_\_
- anhedonia\_\_\_\_\_
- suicidality\_\_\_\_\_

A. Do you think of suicide or hurting yourself?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

Comments:\_\_\_\_\_

B. Have you ever felt like attempting suicide or hurting yourself in the past?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

Comments:\_\_\_\_\_

C. Have you ever received treatment for your depression?

- 1. \_\_\_ No
- 2. \_\_\_ Yes ---> Specify where and what kind of treatment.
  - a. \_\_\_ Medication(s)
  - b. \_\_\_ Hospitalization
  - c. \_\_\_ Counseling
  - d. \_\_\_ Other

Where treatment occurred:\_\_\_\_\_

D. Are you currently receiving treatment for your depression?

- 1. \_\_\_ No
- 2. \_\_\_ Yes ---> Specify where and what kind of treatment.
  - a. \_\_\_ Medication(s)
  - b. \_\_\_ Hospitalization, including day care programs
  - c. \_\_\_ Counseling
  - d. \_\_\_ Other

Where treatment occurred:\_\_\_\_\_

V.

**ANXIETY**

A. Do you often have problems feeling tense or anxious?

1.  No ---> skip to VI. Social Support below.

2.  Yes

Comments: \_\_\_\_\_

B. How often do you feel anxious?

1.  Daily

2.  Several times a month

3.  Occasionally

4.  Almost never

Comments: \_\_\_\_\_

C. Have you ever felt this way in the past?

1.  No

2.  Yes

Comments: \_\_\_\_\_

D. Are you currently under treatment for your anxiety?

1.  No

2.  Yes

Comments: \_\_\_\_\_

VI.

SOCIAL SUPPORT

A. Do you have **children or other family members** that you discuss personal problems with?

- 1. \_\_\_ No ---> Go to F.
- 2. \_\_\_ Yes

B. Do any of these relatives live in the Los Angeles area?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

C. How often do you see them?

- 1. \_\_\_ Daily
- 2. \_\_\_ Weekly
- 3. \_\_\_ Monthly
- 4. \_\_\_ Less than monthly
- 5. \_\_\_ Seldom or never

D. How often do you speak to them on the telephone?

- 1. \_\_\_ Daily
- 2. \_\_\_ Weekly
- 3. \_\_\_ Monthly
- 4. \_\_\_ Less than monthly
- 5. \_\_\_ Seldom or never

E. Are you satisfied with this amount of contact with your family?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

F. Do you have **friends** that you discuss personal problems with?

- 1. \_\_\_ No ---> Go to J.
- 2. \_\_\_ Yes

G. Do any of these friends live in the Los Angeles area?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

H. How often do you see them?

- 1. \_\_\_ Daily
- 2. \_\_\_ Weekly
- 3. \_\_\_ Monthly
- 4. \_\_\_ Less than monthly
- 5. \_\_\_ Seldom or never

I. How often do you speak to them on the telephone?

- 1. \_\_\_ Daily
- 2. \_\_\_ Weekly
- 3. \_\_\_ Monthly
- 4. \_\_\_ Less than monthly
- 5. \_\_\_ Seldom or never

J. Are you satisfied with this amount of contact with your friends?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

- K. Do you have someone you can count on for help in a medical emergency?  
1. \_\_\_ No  
2. \_\_\_ Yes
- L. Is there a place or person you turn to for help, e.g. your rabbi, church, or senior center?  
1. \_\_\_ No  
2. \_\_\_ Yes ---> How often do you go there for help? \_\_\_\_\_
- M. Do you feel isolated or lonely?  
1. \_\_\_ No  
2. \_\_\_ Yes. ---> how often do you feel isolated or lonely?  
a. \_\_\_ Daily  
b. \_\_\_ Several time a month  
c. \_\_\_ Occasionally  
d. \_\_\_ Almost never
- N. Do you feel your daily activities are satisfying?  
1. \_\_\_ No  
2. \_\_\_ Yes

Comments: \_\_\_\_\_

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Date: \_\_/\_\_/\_\_

ID# \_\_\_\_\_

VII. SOCIAL SERVICE EVALUATION SUMMARY

	Accepts	Refuses	Comments
Evaluation			
All referrals, assistance			
Some referrals, assistance			

Current Status  
check all that apply

A. Assessment of Functional Impairment (BADL & IADL):

Choose only one answer for each column	BADL	IADL
1. Adequate and independent		
2. Adequate and has assistance		
3. Inadequate but refuses assistance		
4. Inadequate but has sufficient assistance		
5. Inadequate and needs more assistance		

B. Financial status:

- 1. \_\_\_ Adequate
- 2. \_\_\_ Economically needy
- 3. \_\_\_ Currently receiving SSI
- 4. \_\_\_ Eligible, but not receiving SSI

C. Do you think alcohol use may be a problem?

- 1. \_\_\_ No
- 2. \_\_\_ Yes

D. Emotional & mental status:

- 1. \_\_\_ Coping adequately
- 2. \_\_\_ Depressed
- 3. \_\_\_ Anxious
- 4. \_\_\_ Confusion, memory problems or other disorganized thinking
- 5. \_\_\_ Suspicious
- 6. \_\_\_ Dysthymia/Adjustment disorder
- 7. \_\_\_ Other (specify: \_\_\_\_\_)

E. Emotional support system:

- 1. \_\_\_ Adequate
- 2. \_\_\_ Limited
- 3. \_\_\_ Isolated
- 4. \_\_\_ Other (specify: \_\_\_\_\_)

Interventions/Referrals Furnished

**check all that apply**

- A.  No assistance indicated
- B.  Refuses to complete evaluation or refuses all assistance
- C. Financial assistance
- 1.  Financial assistance not indicated
  - 2.  Refuses financial assistance
  - 3.  SSI
  - 4.  Medi-cal
  - 5.  IHSS
  - 6.  Education regarding eligibility for financial assistance
  - 7.  Other (specify: \_\_\_\_\_)
- D. Referred to local senior center
- 1.  Senior center referral not indicated
  - 2.  Refuses referral to local senior center
  - 3.  Yes. ---> specify senior center \_\_\_\_\_
- E. Transportation assistance
- 1.  Transportation assistance not indicated
  - 2.  Refuses transportation assistance
  - 3.  Taxi coupons
  - 4.  Escort transportation
  - 5.  Other (specify: \_\_\_\_\_)
- F. In-home services
- 1.  In-home services not indicated
  - 2.  Refuses in-home services
  - 3.  Home delivered meals
  - 4.  Homemaker services
  - 5.  Personal care
  - 6.  Home safety devices
  - 7.  Other (specify: \_\_\_\_\_)
- G. Case management
- 1.  Case management not indicated
  - 2.  Refuses case management referral
  - 3.  Referral made (specify: \_\_\_\_\_)
- H. Mental health referral
- 1.  Mental health referral not indicated
  - 2.  Refuses mental health referral
  - 3.  Referred to community agency for mental health assistance
  - 4.  Referred to NP/MD for further mental health evaluation
  - 5.  Other (specify: \_\_\_\_\_)
- I. Other referrals
- 1.  No
  - 2.  Yes ---> specify: \_\_\_\_\_
- J.  Additional comments (optional/use back as needed):
- \_\_\_\_\_