

ID#: _____

date: ____/____/____

NIA Battery Scoring Sheet

I. Standing Balance

A. Start with semi-tandem stand.

1. Do full tandem if subject holds semi-tandem for 10 seconds.
2. Do side by side if subject fails to hold semi-tandem for 10 seconds.

B. Score is determined by highest level successfully completed.

Example 1: Score is 3 if subject holds semi-tandem for 10 seconds and full tandem for 5 seconds.

Example 2: Score is 1 if subjects fails to hold semi-tandem for 10 seconds but holds side by side for 10 seconds.

Category Score	a. Side by Side: Feet parallel and touching.	b. Semi-Tandem: Heel of one foot to side of big toe of other foot.	c. Full Tandem: Heel of one foot touches big toe of other foot.
0	Held 0-9 seconds or tried but unable or not attempted.	Held 0-9 seconds or tried but unable or not attempted. Try side by side if appropriate.	
1	Held 10 seconds.	Held 0-9 seconds or tried by unable or not attempted.	
2		Held 10 seconds.	Held 0-2 seconds or tried but unable or not attempted.
3		Held 10 seconds.	Held 3-9 seconds.
4		Held 10 seconds.	Held 10 seconds.

II. Timed 8 Foot Walk

A. Use tape measure to mark 8 feet and 25 feet with masking tape. The course must be straight and unobstructed. Allow at least a couple of feet of clearance at either end.

B. Instruct subject to "walk to the first mark at your usual speed, just as if you were walking down the street to go to the store."

(DBR: If our testers are clever, they can do both walks simultaneously as you suggested, but do we want to start out by keeping the protocols separate? Or do we want to roll the NIA & the PPT together. If the latter is the case, then I should take this out of here and make it a subset of the PPT from the beginning. One small complication is that we do the 50 foot walk just once, while this is to be done twice, so we could get terribly complicated by having our testers try to time the 8 foot segment coming and going. However, I think that may be too complex.)

Category Score	First 8 foot walk	Second 8 foot walk

O3NIA1.