

Evidence-Based Health Promotion for Older Adults:
Competencies, Content, and Curricula
Evidence-Based General Health Promotion Resources

I. National Council on Aging (NCOA)

- A. Center for Health Aging: Model Health Programs for Communities. Using the Evidence Base to Promote Healthy Aging: The Administration on Aging's Evidence-Based Prevention Programs for the Elderly Initiative. PDF. http://www.healthyagingprograms.com/resources/EB_IssueBrief_3.pdf
- B. Center for Healthy Aging: Using the Evidence Base to Promote Healthy Aging. PDF. http://www.healthyagingprograms.com/resources/IssueBrief_1-R_UsingEB.pdf
- C. Center for Healthy Aging: Online Training Modules. Introduction to Health Promotion Programs for Older Adults Series. <http://www.healthyagingprograms.com/content.asp?sectionid=135>

II. Articles

- A. Frank, J. C., Coviak, C. P., Healy, T. C., Belza, B., & Casado, B. L. (2008). Addressing fidelity in evidence-based health promotion programs for older adults. *Journal of Applied Gerontology*, 27(4), 4-33. <http://jag.sagepub.com/cgi/content/abstract/27/1/4>
- B. Rubin, A., & Parrish, D. (2007). Views of evidence-based practice among faculty in master of social work programs: A national survey. *Research on Social Work Practice*, 17(1), 110-122. <http://rsw.sagepub.com/cgi/reprint/17/1/110>
- C. Welch, H. G., & Lurie, J. D. (2000). Teaching evidence-based medicine: Caveats and challenges. *Academic Medicine*, 75(3), 235-240. <http://www.ncbi.nlm.nih.gov/pubmed/10724310>