

STEP 4: QUALITY IMPROVEMENT FORM: BETWEEN-MEAL SNACKS

Identify 5-10 residents who should receive the snack intervention. Observe them throughout the entire snack period and record information below.

DATE ___ / ___ / ___

SNACK PERIOD: ___MORNING ___AFTERNOON ___EVENING

GROUP ACTIVITY: _____

RESIDENT NAME	Food Items Given	Total % Eaten	Fluid Items Given	Amount Consumed	Type of Assist*	Amount of Assist	
						LESS 1 min	MORE 1 min
1				OZ			
2				OZ			
3				OZ			
4				OZ			
5				OZ			
6				OZ			
7				OZ			
8				OZ			
9				OZ			
10				OZ			

QUALITY INDICATORS:

Use the information collected above to score these quality indicators and identify areas for improvement.

1. How many targeted residents were offered something to eat (food items given)? _____ Ideally, all should be offered food.
2. How many targeted residents were offered something to drink (fluid items given)? _____ Ideally, all should be offered fluids.
3. How many targeted residents received at least one minute or more of individual staff attention? _____ Ideally, all should receive >1 minute of assistance.
- 3a. Of those who received staff attention (>1 minute), how many received verbal cueing or social stimulation? _____. Ideally, all should.
4. How many targeted residents have medical record documentation of snack consumption? _____ Ideally, all should have such documentation.
Compare medical record documentation of snack consumption to above data (food and fluid items given and consumed).
5. How many have documentation that matches observation for percent of food consumed (food items given and consumed)? _____ All should.
6. How many have documentation that matches observation for fluid consumed (fluid items given and ounces consumed)? _____ All should.

*Codes for Type of Assist. Record all that apply.

None = N (no assistance provided) **Physical** = P (e.g., aide feeds resident) **Physical Guidance** = PG (e.g., aide guides resident to feed self)

Verbal = V (e.g., "Pick up your spoon and take a bite"; "Swallow") **Social Stimulation** = SI (e.g., "How are you today?"; "How are you feeling?")