

### **MDS ADL Ratings for Assistance Needs (in the last 7 days):**

If you are assessing quality of care for a specific activity of daily living (ADL), interview residents who require any level of staff assistance (supervision to total dependence) for that ADL. You can use MDS ADL ratings to identify appropriate interview candidates:

0=Independent (No help or staff oversight OR staff help/oversight provided only 1-2 times)

1= Supervision (Oversight, encouragement, or cueing provided 3 or more times OR supervision + physical assistance provided only 1-2 times)

2=Limited Assistance (Physical help in guided maneuvering 3 or more times OR limited assistance + more help provided only 1-2 times)

3=Extensive Assistance (Full staff assistance provided 3 or more times)

4=Total Dependence (Full staff assistance provided to resident during entire seven-day period)