

Prompted Voiding Protocol

1. Contact each resident every two hours from 8 a.m. to 4 pm (i.e., four times per day).
2. Focus the resident's attention on voiding by asking whether he or she is wet or dry.
3. Check resident for wetness and give feedback on whether the resident's self-report was correct or incorrect (e.g., "Yes, Mrs. Jones, you are dry.")
4. Whether wet or dry, ask the resident if he or she would like to use the toilet (or urinal).
 - a. If yes:
 1. Assist him/her with toileting.
 2. Record the results on the bladder record.
 3. Give the resident positive reinforcement by spending an extra minute or two conversing with him or her.
 - b. If no:
 1. In the event they have not attempted to void in the last four hours, repeat the request to use the toilet once or twice before leaving, and follow step 4(a) if an affirmative response is received.
 2. If the resident is wet and declines to use the toilet, change him or her.
 3. Inform the resident that you will be back in two hours and request that the resident try to delay voiding until then.
5. Record results of each wet check and toileting attempt on either the following form or the FIT Daily Log.

PROMPTED VOIDING FORM

Instructions: Use this form to record results of wet checks and prompted voiding attempts with *one* resident. The resident should receive prompted voiding every two hours between 8 am and 4 pm, for a total of 4 times on each day. There is space below to record results for 4 wet checks and prompted voiding attempts.

Resident Name: _____ **Employee Name:** _____

Date: _____

Time: _____ at 1st check _____ at 2nd check _____ at 3rd check _____ at 4th check

1. Resident's condition at check (circle one for each check):

1st check:	2nd check:	3rd check:	4th check:
Dry	Dry	Dry	Dry
Wet	Wet	Wet	Wet
Bowel	Bowel	Bowel	Bowel
Wet and bowel	Wet and bowel	Wet and bowel	Wet and bowel

2. Toileting outcome (circle one for each check):

1st check:	2nd check:	3rd check:	4th check:
Refused	Refused	Refused	Refused
Dry run*	Dry run	Dry run	Dry run
Urine	Urine	Urine	Urine
Bowel	Bowel	Bowel	Bowel
Urine and bowel	Urine and bowel	Urine and bowel	Urine and bowel

* A "dry run" means that the resident attempted to toilet but failed to void.

3. Resident's reaction to checks and prompts (circle one for each check):

1st check:	2nd check:	3rd check:	4th check:
Self-initiates	Self-initiates	Self-initiates	Self-initiates
Cooperates-neutral	Cooperates-neutral	Cooperates-neutral	Cooperates-neutral
Cooperates-reluctant	Cooperates-reluctant	Cooperates-reluctant	Cooperates-reluctant
Uncooperative	Uncooperative	Uncooperative	Uncooperative

4. Level of assistance resident needed to toilet (circle one for each check):

1st check:	2nd check:	3rd check:	4th check:
Independent	Independent	Independent	Independent
Stand-by asst.	Stand-by asst.	Stand-by asst.	Stand-by asst.
Needs help of 1 person	Needs help of 1 person	Needs help of 1 person	Needs help of 1 person
Needs help of 2 persons	Needs help of 2 persons	Needs help of 2 persons	Needs help of 2 persons

